



Marines participating in the Military Motorcycle Operators Course get a chance to ride the new 650cc dirt bikes through the mud. See story and photos on pages 10-11.

May 18, 2001

Camp Smedley D. Butler, Okinawa, Japan

www.okinawa.usmc.mil

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Medical personnel search for vaccine against bacteria

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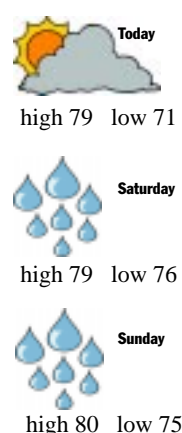
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Local equestrian club teaches fundamentals

The Mihara Horseback Riding Club teaches the English style of riding and what it takes to effectively care for horses and allows novice and skilled horse riders to trade their experiences.

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MTVRs worth their weight

LCPL KEITH R. MEIKLE
COMBAT CORRESPONDENT

CAMP COURTNEY — The Marine Corps is in the process of replacing 5-ton vehicles with 7-ton trucks to transport Marines and cargo.

The 677 Medium Tactical Vehicle Replacements are scheduled to begin integrating with the 5-tons on Okinawa in April 2002.

"The 5-ton truck has reached the end of its economical useful life," said LtCol William E. Jennings, Maintenance Management Officer, III Marine Expeditionary Force. "We have poured so much money, time and resources into maintaining these vehicles that they are more of a hassle than anything."

The MTVR will cost between \$134,000 and \$145,000, but are cheaper than the current 5-ton when considering inflation, which cost the Marine Corps approximately \$96,000 21 years ago when they were first fielded into the Corps.

"The 5-ton would have an acquisition cost of \$155,000 if made in today's market," LtCol Jennings said. "The 7-ton is more equipped for Marine Corps missions and, economically, is a better deal than the 5-ton."

The 7-ton will be better equipped for Marine Corps missions through improvements made from the 5-ton. Some of these improvements include the ability to transport a 7-ton off-road payload and a 15-ton payload on paved roads, the ability to adjust the amount of air in the tires while mov-



USMC PHOTO

The new Medium Tactical Vehicle Replacement is scheduled to land on Okinawa in April 2002 and will replace the 5-ton trucks currently used Corpwide.

ing, and independent suspension.

"The new 7-ton is capable of transporting a larger load and has increased off-road mobility," said LtCol Jennings, who has driven the MTVR. "The independent suspension and an air cushioned driver's seat make it like driving a big race car."

The MTVR has proven to be an improvement upon the 5-ton with state-of-the-art technology, according to LtCol Jennings. The technology that has finally been harnessed in the 7-ton trucks will replace all 5-ton trucks except the 5-ton tractors. The 7-ton series includes the standard bed cargo truck, extra-long-wheel-based cargo truck, dump truck and wrecker.

Marines will use a simulator to train with the new 7-ton trucks and increase safety awareness.

"The program works like a flight

simulator and will show the driver on the left side of the road to train specifically for Okinawa," LtCol Jennings said.

The Marine Corps is scheduled to field 1,171 MTVRs to I MEF, 1,280 to II MEF and 677 to III MEF by 2004.

"We are not going to get all the MTVRs at once," LtCol Jennings said. "There will be an interim period where we will integrate the 5- and 7-ton (trucks)."

This will create difficulties in training operators for the MTVR, which the Marine Corps has accounted for.

"The first class of drivers from school who will receive training for the MTVR will not be until February," LtCol Jennings said. "So a lot of training will be on-the-job training provided by a new equipment training team sent from Headquarters Marine Corps."

Portable hydration devices could pose health hazard

III MEF SAFETY OFFICE

CAMP BUTLER — Air Force Print News reports that portable hydration devices may do more harm than good when used in industrial areas where chemicals or hazardous materials are present.

"Some workers are using these portable hydrating devices in industrial areas to keep a ready supply of water at hand, but they could unknowingly be exposing themselves to health hazards," said Air Force LtCol

Robert Gargiulo, Chief Occupational Health Engineer, Air Force Materiel Command, following an April 20 assessment of potential dangers to people using these portable devices in areas where food and drink are prohibited.

While the popular devices, such as the "Camelbak," are useful in hot, arid climates or on flight lines and in the field, LtCol Gargiulo said portable hydrating devices can cause problems for those working in areas where painting, sanding, metal grind-

ing, and mixing chemicals and pesticides occur. He also said it applies to areas where particles or vapors can be ingested.

Another concern with these and any other portable devices is that loose straps or ties could become a safety hazard if they get caught in equipment or on obstructions.

For more information on these portable hydration devices and where they can be used safely, contact the III Marine Expeditionary Force Safety Office at 622-7763.

Report traffic violations at 645-7441/7442

Medical study continues to fight diarrhea

PO2 DAVE HITES
COBRA GOLD CORRESPONDENT

PHITSANULOK, Thailand — Through all the operations, movements and war games of Exercise Cobra Gold 01, there is a not-so-glamorous, real-world study taking place.

Army and Navy investigators here are working on developing a more effective treatment to combat the *campylobacter* bacteria, the most prevalent bacteria in Thailand that causes diarrhea.

To accomplish this, the Diarrhea Surveillance and Treatment Team, which has been working with the exercise's Medical personnel for several years now, has set up an extensive lab here to study the bacteria and determine the best antibiotic therapy for diarrhea in deployed military forces in Thailand. Treatment is becoming more difficult because of the bacteria's increased resistance to antibiotics.



Tribble

According to Dr. David R. Tribble, Head of Clinical Studies (enteric diseases) at the Naval Medical Research Center in Silver Springs, Md., the *campylobacter* bacteria's resistance to standard antibiotics has risen from zero to nearly 90 percent in just a few years. He added that diarrhea is the number one illness U.S. forces get during Cobra Gold each year.

"Between 30 to 40 percent of personnel report having had at least one day of diarrhea during the exercise," Tribble said.

The standard antibiotic therapy for traveler's diarrhea is a fluoroquinolone, such as levofloxacin. In some areas of the world, such as Thailand, there has been an increasing problem with bacteria developing a resistance to antibiotics. Recent studies in travelers with diarrhea continue to support the use of fluoroquinolones as first-line treatment.

Alternative antibiotics, such as azithromycin, have shown promise for use in diarrhea treatment. The DSTT's study compares the two antibiotics. One regiment is levofloxacin, taken once daily for three



PFC JENNIFER A. ARNOT

Sung Muang Piyaphong, Microbiology Technician, Armed Forces Research Institute of Medical Sciences, Bangkok, examines a sample while Army and Navy investigators work on developing a more effective treatment to combat the *campylobacter* bacteria, the most prevalent bacteria in Thailand that causes diarrhea.

days. The dosage is the same for all the patients receiving this medicine. The other two regimens are azithromycin, one of which contains 1,000 mg in one dose, and one containing 500 mg taken once daily over a three-day period.

The study is "double-blind," meaning neither the patient nor the health care provider knows which medicine regiment is administered.

"Each treatment box has a code number on it. The medicine each patient receives is determined at the end of the study using that code," said Navy LT James Lawler, Clinical Investigator, DSTT. The idea is to put the two antibiotics on an equal playing field, not showing preference to one or the other.

Also, as part of the study, U.S. military personnel who report to Medical with diarrhea are asked to fill out a questionnaire detailing their eating and drinking habits, type of treatment they are already receiving for the problem, if any, and where and when they have eaten.

"We want to identify risk factors to increase effectiveness of prevention," said LT Lawler. "If patients commonly report eating at the same location, the team can make a recommendation to avoid eating there."

The ultimate goal of the study is to develop a diarrhea vaccine.

"A vaccine would prevent lost man-hours at critical times," said Tribble.

The DSTT has an advantage operating in Thailand because the Armed Forces Research Institute of Medical Sciences, the Army's largest overseas research and development center, is located in Bangkok. Because of its proximity to Phitsanulok, stool samples can be flown to Bangkok and be analyzed, with results processed in just days.

Although there's currently no vaccine, the research the DSTT is doing here could eventually save countless military and civilian travelers from the pain and suffering of diarrhea, at least in Thailand.

Time running out for Marines seeking commissioning through BOOST, MECEP

LCPL KEITH R. MEIKLE
COMBAT CORRESPONDENT

CAMP FOSTER — June 1 is the deadline for enlisted Marines to submit packages to the Adjutant and vie for an opportunity to be a Marine Corps officer.

Marines interested in Broadened Opportunity for Officer Selection and Training or the Marine Corps Enlisted Commissioning Education Program need to submit their packages as soon as possible, according to SSgt Denita Jackson, Adjutant, Headquarters and Service Battalion, Marine Corps Base.

"The sooner, the better," SSgt Jackson said. "We can fix errors that Marines may have or get items they are missing from their package."

Broadened Opportunity for Officer Selection and Training is a 10-month

academic improvement course that provides remedial high school and college preparatory instruction. Applicants must be 19 to 25 years old as of July 1, 2001, be a lance corporal or above, have completed at least one year of active duty after recruit training, be a United States citizen, and a high school graduate or equivalent.

The applicant must also have a 110 Electronic Repair Composite score, 900 Scholastic Assessment Test score, and a combined 41 in math and English on the American College Test.

A package can be submitted once these qualifications are met. Some items in the package include photographs of applicants in uniform, official high school transcripts stamped by the school, and handwritten statements describing applicants' hardships of their education situation.

The BOOST program is not an officer program, but an avenue to improve the chances of being selected for programs such as MECEP, Naval Reserve Officer Training Corps, or the Naval Officer Academy.

"The BOOST program gives Marines who faced educational disadvantages a chance to be more competitive for officer programs," SSgt Jackson said. "That is why I encourage Marines eligible to apply for an officer program to do so. If they don't, they take away quotas from Marines who might need BOOST to become an officer."

MECEP has similar qualifications as BOOST and the same deadline. However, MECEP applicants must be 20 to 26 years old, but can get a waiver up to 30 years old, and must be at least a corporal. Applicants must also have an EL score of 115,

SAT score of 1,000, and a combined ACT score of 45.

MECEP is designed to provide outstanding enlisted Marines the opportunity to serve as a Marine Corps officer, according to Marine Administrative Message 175/01 released April 11.

Unlike the BOOST program, MECEP does not require a handwritten statement, but does require high school transcripts and a photograph of applicants in uniform.

MarAdmin 175/01 contains a format for applicants to submit their packages for MECEP. MarAdmin 174/01, released April 11, contains all instructions and qualifications for the BOOST program. Applicants should refer to the respective administrative message to assemble their package.

All further questions should be directed to your Adjutant's office.

Heat restrictions can leave pets stranded

LCPL KENNETH HINSON
COMBAT CORRESPONDENT

CAMP FOSTER — Taking the family pet along when moving between assignments can be made easier for those who plan ahead and take care of all the requirements of shipping their pet.

"People need to prepare ahead so their pets will arrive safely and on time," said Melissa Cook, Animal Health Care Manager, Karing Kennels, Kadena Air Base. "It's important to start preparing as soon as you get your orders."



Cook

The most common problem faced by pet owners when moving an animal is airline restrictions during high temperatures.

Pet owners need to check heat regulations when moving from May through September, according to Cook.

Military flights from Okinawa to the U.S. do not have heat restrictions, but commercial flights within the U.S. do.

Restrictions went into affect in 2000 which prevent commercial airlines from moving pets if the temperature exceeds 85 degrees Fahrenheit.

"People need to have a backup plan in case their pet is booked on a flight that cannot fly pets because of the temperature," Cook said. "You can prepare yourself by calling ahead and checking the temperature of your destination."

At Karing Kennels last year, more than 30 dogs were left behind by service members who could not move with their pet due to heat restrictions.

Airline-approved crates are also required when shipping a pet. Information about regulations on crates is available from the airline. Cook recommends letting your pet spend time in the crate a few weeks prior to shipping to allow the animal to adjust to the environment.

If a pet is going to be shipped, airlines need to be notified in advance to ensure the flight has space for the animal.

If problems arise and pets cannot be shipped, organizations like Pets Are Worth Saving, will ship pets to the U.S. for families moving with a pet. For a fee, PAWS will house a pet and ship it once its owner arrives in the States. Fees vary according to the animal's size and length of stay.

Pets are also required to have a health certificate and examination within 10 days before departing Okinawa.

Veterinarians at the Kadena Vet Clinic issue the health certificates. Certificates are only valid for 10 days from the date received. This allows 10 days to reach final destination.

Appointments for examinations should be scheduled at least three weeks prior to departure.

"Families have an assurance their pet is in good health and will have no problem during shipment when they receive a health certificate," Cook said.



LCPL KENNETH HINSON

Angelique Seay, Military Wife, Kadena Air Base, expresses her feelings toward her furry friend. Karing Kennels kept her cat after her family made a PCS move to Okinawa.

Pets also need current rabies vaccinations. Rabies shots must be given a minimum of 30 days but no longer than 12 months prior to departure to be acceptable.

Most airlines also require pets to have a current kennel cough vaccination, which protects them from getting upper respiratory sickness. These vaccinations cannot be older than six months.

"All the requirements of shipping a pet appear to be a lot to take care of," Cook said. "When you have your pet home with you, it all seems worth it."

Service members waiting until the last minute to ship their pets could be forced to leave them behind.

For further information on moving with a pet or to schedule an appointment for a health certificate, contact Karing Kennels at 632-4062.

Children learn to stay fit while having fun

LCPL KATHY J. ARNDT
COMBAT CORRESPONDENT

CAMP KINSER — Children can learn how to stay fit while having fun at Operation Fit Kids Saturday from 10 a.m. to 2 p.m. here and at Camps Foster and Courtney.

The event includes a variety of fitness activities for children ages 6 to 12 years old and is free for all.

Fitness activities will include Karate demonstrations, cardio kickboxing, aerobic conditioning, mambo dancing, limbo competitions and much more. Activities will vary from camp to camp and parents are encouraged to participate.

Marine Corps Community Services is hosting the event to give children a jump-start in fitness and to raise awareness of weight problems, such as obesity.

"This event will teach kids ways to stay fit and have fun at the same time," said Judy Mays, Program Manager, Health and Fitness Center, MCCA.

Obesity in American children is on the rise. Since 1960 the number of children with obesity has increased 50 percent. Of the remainder, one-fifth of those children weigh more than they should, according to Dr. Bruce A. Epstein, Pediatrician and Columnist on www.allkids.org, a website for the

All Children's Hospital in St. Petersburg, Fla.

Staying fit is particularly important for children because obese children are more likely to develop serious health problems, which also leads to more serious problems when they reach adulthood, according to Epstein.

Childhood obesity is the leading cause of sustained high blood pressure in children and contributes to diabetes, high cholesterol, joint disease and hormonal disorders. Overweight children are also more prone to low self-esteem and depression.

As children advance to adulthood, problems can carry over and cause more serious conditions such as sleep disorders, gallstones and even strokes.

Less than one percent of children's obesity problems are caused by a hormonal imbalance or other medical problems. The number one cause of obesity in children is lack of exercise, according to Epstein. Along with inadequate exercise, poor nutrition and bad eating habits also contribute to the problem.

To help prevent obesity in children, parents should enroll their children in activities such as soccer, basketball, dance and aerobic programs, according to Epstein. Diets for children are discouraged.

"Don't put your child on a diet. Restricting calories often backfires and may be potentially dangerous for a growing child," Epstein said.



LCPL KATHY J. ARNDT

Fifth- and sixth-graders from Kinser Elementary School play soccer during recess after eating lunch.

ous for a growing child," Epstein said.

Operation Fit Kids is one way MCCA is trying to get children to get out and get fit.

"We are doing this because too often, kids are the target audience that we ignore when it comes to fitness, and it is beginning to show," Mays said.

The Health and Fitness Center, MCCA, is striving to begin a program for children in the future.

"We are hoping to do this event quarterly, and our biggest vision is to begin a weekly aerobics program just for kids," Mays said.

No pre-registration is required to participate in the program. For more information, call the nearest Semper Fit gym.

Change of Command



LtCol Bruce M. Houser



LtCol Raymond S. La Shier

LtCol Bruce M. Houser replaced LtCol Raymond S. La Shier as the commanding officer for Headquarters and Headquarters Squadron, 1st Marine Aircraft Wing in a ceremony May 9. LtCol Houser, a native of Warminster, Pa., has more than 19 years of military experience. He was the former Executive Officer for Headquarters and Headquarters Squadron, Marine Corps Air Station Futenma.

Post and Relief



SgtMaj Frank E. Pulley



SgtMaj Paul L. Forney

SgtMaj Frank E. Pulley replaced SgtMaj Paul L. Forney as the Marine Wing Support Group-17, 1st Marine Aircraft Wing, sergeant major May 7. SgtMaj Pulley previously served with 3d Transportation Support Battalion, 3d Force Service Support Group.

Space-A Call adopts new procedures

1STLT MEL MAXWELL
733D AIR MOBILITY SQUADRON

The Kadena Passenger Terminal will adopt new Space-A call procedures Saturday for all departing flights.

The procedures are designed to speed up the Space-A call. The process still operates within the framework of traditional Space-A guidance, with one simple additional step for passengers.

Under traditional procedures, Space-A travelers sign up at the terminal information counter to acquire the Kadena AB date/time of sign-up stamp and travel category. The passenger selects a flight to compete for and presents themselves at the designated Space-A roll call time. Once the Space-A call begins, they present paperwork when their category is called. Passenger Agents place passengers in selection order and correct any individual passenger problems.

This can lead to an extremely long Space-A call and cuts into the terminal's time to process selected passengers. The passenger also has little knowledge of where they stand in relation to the other competing passengers.

Under the new system, passengers have an extra step to perform. The new system tries to utilize time prior to the actual Space-A call to perform administrative functions to speed up the process and decrease waiting time. Passenger agents will make an announcement 1 hour prior to the Space-A call time, allowing passengers competing for that flight to have themselves marked "present" in the computer system. Passengers can be marked "present" up to 24 hours prior to the Space-A call.

An announcement will be made at 30 minutes and 10 minutes prior to the Space-A call. At these times agents will inspect paperwork and ensure individuals are registered.

Passenger agents will post a listing in selection order of all "present" passengers competing for that destination, giving passengers a better idea of how many personnel are ahead of them for selection. One final call will be made to ensure all personnel desiring a flight are in the system. Passenger agents will then select passengers by name in order of category and date/time of sign up as has traditionally been done.

Prevention: take steps to avoid heat injuries

Personnel reminded to hydrate during extreme weather conditions

LCPL KENNETH HINSON
COMBAT CORRESPONDENT

CAMP FOSTER — The first step to protecting the body when it gets hot outside is understanding what heat injuries are.

The human body struggles sometimes to function correctly during extreme weather conditions or abrupt climate changes. Extra effort is needed when heat is a factor, said PO1 Robert B. Bentley, Hospital Corpsman, Evans Medical Clinic.

Heat exhaustion, heat cramps and heat strokes are among the most commonly reported heat injuries on Okinawa, according to PO1 Bentley. It is easy to suffer a heat injury during Okinawa's hot humid summers, even for those who feel they are in great shape.

A heat injury is a reaction to the body when it is unable to regulate its temperature, according to Micromedex Healthcare Series, Navy Healthcare Database. Avoiding a heat injury involves nothing more than understanding what causes heat injuries and how they can be prevented.

The two most common heat injuries, heat exhaustion and heat cramps, can occur by working hard or excessively exercising in hot weather.

The body may sweat more than normal and lose too much salt and water, which causes body temperature to rise. Heat injuries are most likely to occur in small children and in older adults.

Painful muscle cramps are the result of heat cramps. Dizziness, headache, cold skin, upset stomach or vomiting could be an indicator of heat exhaustion.

Heatstroke is the most serious because the body's ability to cool itself has shut down. It involves the same symptoms as other injuries but with no sweating and a body temperature of more than 104 degrees, according to MHS. Heatstroke can last up to two days depending upon the victim's age and how quickly emergency medical attention is received.

"Immediate action is required if one feels he is suffering from a heat injury," PO1 Bentley said. "Don't waste time thinking nothing is wrong."

If heat injury symptoms occur, remove the person from the heated en-

vironment to a shady area and try to remove some of the person's clothes, according to MHS. Hydrate them as much as possible to cool the body temperature and seek immediate medical help, especially if heat stroke is suspected. Heat stroke can be fatal.

"One of the keys to avoiding heat injuries is hydration on a regular basis, before and during your activity," PO1 Bentley said. "If you're sweating a lot, you need to replenish the fluid in your body."

Fluids like cool water, fruit juice and sports drinks are good to push through the body, PO1 Bentley said.

People should replenish their bodies with water every hour when working in a heated environment, according to MHS. They should also try to limit their intake of alcohol because it dehydrates the body.

PO1 Bentley suggests staying out of direct sunlight, but if it is not possible, try to wear loose, light-colored clothing to keep the sunlight off the body.

Salt tablets and large meals should be avoided because both can cause upset stomach when combined with high temperatures and strenuous activities.

On Okinawa, there are four heat conditions according to the temperature. Warning flags are displayed to indicate severity of heat conditions.

A green flag is flown during 80- to 84.9-degree temperatures. Heavy exercise should be conducted with caution during this condition.

A yellow flag is displayed when the temperature reaches 85 to 87.9 degrees. Strenuous exercise such as marching and outdoor classes are suspended for unacclimatized service members.

A red flag indicates temperatures of 88 to 89.9 degrees. Unacclimatized service members should not participate in any physical training, and those adjusted to the weather should not exceed six hours of outdoor activity per day. Body armor and field packs will not be worn during this condition.

A black flag is flown at 90 degrees or more. Outdoor physical activity stops for all units. This is the most severe of all the conditions and all activities should be rescheduled for a cooler part of the day.

"If you are new to an area, make sure your body is adjusted fully to the climate before you engage in a lot of activity," PO1 Bentley said. "Plenty of rest and frequent breaks can also cut down the chances of receiving one of these injuries. It's based on what you're doing in the environment."

Understanding the facts about heat injuries and practicing good habits on an individual and group level can prevent the body from turning into a casualty.



PO1 Bentley



NJP REPORT

The following are alcohol-related nonjudicial punishments for May 5-12.

• Underage drinking

Three lance corporals with Headquarters and Service Battalion, Marine Corps Base, were found guilty at a company-level NJP of underage drinking. Punishment: forfeiture of \$283 per month for one month and restriction and extra duties for 14 days.

A private first class with Combat Assault Battalion, 3d Marine Division, was found guilty at a company-level NJP of underage drinking. Punishment: forfeiture of \$272 per month for one month and restriction and extra duties for 14 days.

A lance corporal with CAB, 3d MarDiv, was found guilty at a company-level NJP of underage drinking. Punishment: forfeiture of \$272 per month for one month and restriction and extra duties for 14 days.

• Drunk and disorderly conduct

A lance corporal with 2nd Battalion, 3d Marine Regiment, 3d Marine Division, was found guilty at a battalion-level NJP of drunk and disorderly conduct. Punishment: reduction to E-2, forfeiture of \$200 per month for two months and restriction and extra duties for 45 days.



TMO TIPS



The following are tips from the Traffic Management Office to help personnel move their belongings with less difficulty.

For more information contact the local Traffic Management Office or GySgt Quirindongo at 645-0966.

- Contact the local Traffic Management Office immediately upon receipt of orders to arrange all personal property moves. TMO can book shipments 3-4 months in advance. Service members must have six copies of Permanent Change of Station orders for each shipment.



Contact one of the following offices for assistance: Camp Foster, Bldg 5636 at 645-7105 or 645-0922; Camp Hansen, Bldg 2137 at 623-4337; Camp Courtney, Bldg 4311 at 622-7561; or Camp Kinser, Bldg 100

at 637-1908.

Newly arrived personnel need to contact one of the above numbers to provide an address and local phone number so TMO can inform them when their personal property arrives.

- May 1, 2000, propane tanks became an unauthorized item for shipment or storage in personal property. This includes never-used, boxed propane tanks. If an item is unauthorized for shipment, the government will not reimburse the member for shipping it, regardless of how it was shipped.

- Personnel who receive their orders on short notice may bring their personal property with six copies of their orders to the Camp Foster Traffic Management Office in Building 5636 or the Camp Hansen TMO office in Building 2137 from 7:30 a.m. to 4 p.m. for shipment to their next duty station. Service members doing a Permanent Change of Station W-95 must take a copy of Page 4 from their Service Record Book, to verify their Home of Record, and six copies of their orders to TMO. Personnel there will arrange to have a carrier move the member's shipments from either location.



CPL LIZ HERRERA

Smoking barrels

Marines from the 1st Stinger Battery, 1st Marine Aircraft Wing, participating in exercise Tandem Thrust, clear the M-3P anti-aircraft .50 caliber machine gun of any remaining ammunition after firing at a remote control miniature airplane target during a live-fire range exercise in Queensland, Australia, May 8. Tandem Thrust is a combined United States and Australian military exercise. The purpose of the exercise is to train for crisis action planning and execution of contingency response operations.

COMMUNITY BRIEFS

Memorial Day Ceremony

The Okinawa chapter of the Retired Officers Association and 3d Materiel Readiness Battalion are sponsoring a Memorial Day ceremony May 28 at 9 a.m. at the International Cemetery in Naha.

The event is open to the public. Appropriate civilian attire is recommended. The uniform for active duty service members is the Service C or equivalent.

For more information call MGySgt Trigilia at 637-3705.

Okinawa International Chorus

The Okinawa International Chorus will be holding a concert June 1 and 2. The June 1 concert will be held at the Gushikawa Fine Arts Theatre, and the June 2 concert will be held at the Camp Foster Chapel. The chorus will perform classical, Japanese, Okinawan, and American folk music, show tunes, spirituals and barbershop melodies.

The choir consists of approximately 30 singers from the Okinawan and military communities.

For more information call 645-7323.

Backyard Barbecue

The Futenma USO will be hosting a backyard barbecue Saturday. Those attending should bring their own lawn chairs and coolers. Food will be supplied, along with DJ music, volleyball, horseshoes and prizes. This event is open to all DoD personnel.

For more information call USO Marketing at 633-4510.

Amphibious Warfare School

Effective June 1, the current 8500 program will be discontinued and replaced by the revised 8510 program as Phase I of the Amphibious Warfare School Distance Education Program, according to MarAdmin 209/01. The AWSDEP consists of three courses: the Warfighting Course (8511), Command and Control Course (8512) and Marine Corps Plan-

ning Process (8513).

Students currently enrolled in the AWSDEP (8500) will have until May 31, 2003, to complete it and do not have to transition to the revised program. On June 1, 2003, those who have not completed the AWSDEP (8500) will be automatically disenrolled without receiving credit.

Special Olympics

The Special Olympics is asking for the support of the entire Navy/Marine Corps community. All units, clubs, groups and individuals are invited to become volunteer workers, escorts, translators or are welcome to attend the event. Japanese translators are especially needed.

The Special Olympics is scheduled for June 16 at 9:30 a.m. at the McDonald Stadium and Risner Fitness Complex, Kadena Air Base. Loretta Claiborne, International Special Olympics Medalist, will be the guest speaker.

For more information or to volunteer contact Capt Mike Anderson at 623-4362 or 090-352-0644.

Officer PME Survey

The Marine Corps University is currently conducting a review of all Professional Military Education programs and policies. The Studies and Analysis Division, Marine Corps Combat Development Command, is researching the benefits and costs of resident PME schools.

The results of the study will help direct the future of Marine Corps PME programs, according to MarAdmin 202/01.

The study requires a survey of officers from first lieutenant through colonel of all Military Occupational Specialties and levels of PME completion. The survey is administered online until May 31 at <https://mcass.quantico.usmc.mil/survey/pmesurvey>.

To submit a brief ...

Send an e-mail to editor@mcbbutler.usmc.mil or fax your request to 645-3803. The Okinawa Marine accepts briefs for non-profit organizations and groups only and they are run on a space-available and time-priority basis. Deadline for submitting briefs is noon every Friday and the Okinawa Marine reserves the right to edit all submitted material to fit space.

Take time to reflect on Armed Forces Day



SGT ROBERT J. ANGUS
COMBAT CORRESPONDENT

Armed Forces Day, a day that seems to just go by like any other day, is tomorrow.

Originally established in 1950 by President Truman, it is a day for all Americans to recognize what service members do to protect their freedom. It's a great idea, but what has this day really done for any of us?

In my 10 years in the Marine Corps I've never seen a real celebration for this day, and often times I didn't even know what day it was till after it had already passed.

When I think about that, it really bothers me. Whether away from their families as they deploy or working the long hours of a recruiter or drill instructor, service members around the world make sacrifices on a daily basis as they serve their country.

This year, once again, I don't think I'll see any kind of celebration as I'll be deployed to Cobra Gold 2001, but I'm going to take a minute to reflect on the traditions of our service and the sacrifices my predecessors have made. I'm going to make it a point to thank the Marines who work with me for all they do.

I recently worked on a story for the dedication of the new Special Operations Training Group Building on Camp Hansen. The building is going to be dedicated later this month to SSgt Jeffrey R.

Starling, who was killed with five other Marines and a corpsman in a helicopter accident during a training mission Dec. 9, 1999. This reminded me just how dangerous being a service member is ... even in peacetime.

In times of war, I couldn't even begin to count the number of service members who made the ultimate sacrifice in protecting the freedoms we enjoy.

I recently visited the Peace Memorial Park on Okinawa and saw the stone walls with the names of those who died during the battle of Okinawa. There are thousands of names there, including U.S. service members.

This wall got me thinking about the ground we routinely stand on while stationed or deployed to Okinawa. This soil was, at one time, soaked with the blood of many service members who fought to preserve our freedom.

In reflecting on this, it made me proud to be able to call myself a Marine and proud to be serving my country.

Since I'm leaving the service this year, this will be my last Armed Forces Day on active duty and I want to make it special. And, though I'm leaving the Marine Corps, I'm going to make it a point as a civilian to continue to recognize service members on Armed Forces Day. I hope everyone, whether military or civilian, will take a moment to reflect on the past sacrifices service members have made.

I also hope that service members thank themselves and each other for what we do. We're an all-volunteer force of people who choose to make these sacrifices as we proudly serve our country. In case no one else says it, I will ... Thank You.

Armed Forces Day message

Each year America sets aside a day to commemorate the devotion of our men and women in uniform—the certain foundation of the liberties and peace that we have enjoyed throughout the history of our nation. Yours is a calling distinct and unique, for you voluntarily put your lives at risk defending the freedoms we hold dear.

Indeed, in peacetime or in war, as you work to keep us safe, you assume risks many will never know. And wherever it is that you serve—in any sky, on any ocean, on any shore—your dedication to our nation's ideal of "peace through strength" is a source of hope and inspiration for liberty-loving people around the globe.

In his Inauguration Address, President George W. Bush spoke about civility, courage, and character-qualities that make this nation special—and he reminded Americans that the strength that matters the most is not the strength of arms, but the strength of character expressed in service to something larger than ourselves. This strength of character infuses you, our military men and women, and you are this nation's ultimate safeguard and blessing.

On this Armed Forces Day, the American people join me in expressing our deep gratitude to you—patriots who embody the noble spirit of service and sacrifice as you preserve the blessings of our freedom every day. We thank you, and we are enormously proud of your faithful and selfless service.

- Donald H. Rumsfeld, Secretary of Defense

What Would You Do?

The following examination of leadership issues is not intended to present right or wrong answers. The goal is to provide a forum to encourage leadership discussions of challenging issues. Chaplain responses are designed to provide moral and ethical guidance. Questions, comments or ideas for a future scenario may be submitted to: editor@mcbbutler.usmc.mil

Shoplifters

You are at the Base Exchange's PowerZone on a Saturday afternoon browsing through the compact discs. You are looking at the new releases, and you see a young lady on the other side of the display rack look around nervously and then shove a CD into her jacket.

It all happened so fast, but you definitely saw her conceal the CD. Before you know it the young lady is walking toward the door. You look around, but no one else seems to notice.

You have to act quickly. What do you do?

What the Marines said

Private first class with MCB: I would confront the thief and make her put it back. I would then remind her of honor, courage and commitment. Thieves only jack up the prices.

Private first class with 1st MAW: I would go to her quickly and quietly and ask her what she is doing. If she kept walking out the door, I would tell her I would call security if she kept going on with it.

Lance corporal with 1st MAW: I would stop her before she walks out

the store with it and tell her to put it back. I would tell the authorities, even if she took it back, because she attempted to steal it.

Lance corporal with MCB: I'd tell the manager or someone who works there. If they were not available, I would confront her myself and ask someone else to get an employee.

What the Chaplain said

Stealing is a violation of, not only the UCMJ, but also the Ten Commandments. What this young lady is doing is very wrong from a religious, moral, military, and human point of view. Practically speaking, shoplifting hurts everyone because, as the PFC said, retailers have to drive up prices to cover the losses they incur through shoplifting.

I think each of the above Marines offers sage advice and realizes how important it is to stop the woman from trying to steal. I would also inform her that what she has done has most probably already been recorded by one of the store's hidden cameras, so she had better put the CD back on the shelf, unless she plans to pay for it.

Once she walks out the door without paying, she opens herself up to being charged with theft. Whether she is on active-duty or a family member, the consequences for herself (and possibly her sponsor) could be grave. Given that little "sermon," I believe most people would see the light and return the CD.

If, by some slight chance she managed to get the CD home without being caught, how much enjoyment could she get from it knowing that the authorities might catch up with her when the camera tapes are examined, and secondly that she forfeited her integrity and good name over a piece of plastic. If she had any sense she would listen to the four Marines and save her reputation and, ultimately, her self-respect.

- Navy CDR Mitch Schranz, Chaplain, Marine Corps Air Station Futenma



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Corps gets 'dirty' new friend

Story and photos by Sgt Jason S. Schaap

LCpl Keith Edwards, Motor Transport Operator, 3d Reconnaissance Battalion, was part of the first Marine Corps Motorcycle Training Class to train with new 650cc dirt bikes. The 650 replaces the Corps' 10-year-old 250cc models.



Okinawa Marines train with new dirt bikes

CAMP BUTLER — On land, in air and even at sea, the Marine Corps' new 650cc dirt bikes are proving they have no problem living up to a longtime Corps motto.

The 650's were delivered to Okinawa in November 2000 to replace the 10-year-old 250cc models. They were then broken in during a Military Motorcycle Operators Course, a quarterly, two-week class designed to teach Marines of various occupations how to ride the bikes on and off-road.

After completing the week-long "street-safety" portion of the course at Kadena Air Base, the class headed to Camps Hansen and Schwab for a week of "open-trail situations."

The Marines, some of which had never ridden a motorcycle or dirt bike before the course, put the new bikes to the test, blasting through mud pits, jumping, or "lofting," over obstacles and even parting the seas off Camp Schwab's Recon Point.

For course instructors GySgt Kelly Cook and Sgt Terry Greer, Headquarters and Service Battalion, Marine Corps Base, it was their first opportunity to compare the 650cc to the 250cc through hands-on training.

GySgt Cook, who also is the only chief motorcycle instructor in the Marine Corps, said the 650's significantly higher torque gives new riders a difficult learning experience initially.

"It's harder to teach beginners (on the 650) because of its power ratio," said GySgt Cook, who has been riding dirt bikes since he was five. "But once they learn how to ride the 650, it's a better bike because you can put it in places you can't with the 250."

One place the bike proved it was better equipped was in deep sand. According to Sgt Greer, the 250 was used extensively as a means of communication during Operations Desert Shield and Storm. But the 250's lack of power and bulk caused riders to get bogged down in the desert sand.

Hayes Diversified Technology, the company that reconditions the 650 for the Marine Corps, improved the bikes ability to negotiate thick sand by reinforcing its suspension. The added suspension, coupled with a bigger engine, makes the 650 about 80 pounds heavier than the 250.

"It's a beefier bike," Sgt Greer said. "It's built more for heavy off-road riding, ... the 250 couldn't get into that really heavy stuff."

Thick sand isn't the only obstacle the 650 is significantly

better at negotiating than the 250, according to Sgt Greer. It wasn't long before he realized the 650 was more dependable in a variety of circumstances.

"With the 250, if I wanted to ride a steep hill I would have to get a lot of momentum going," Sgt Greer said. "With the 650, you just shift into first gear and you go right up the hill."

Thick mud was a problem with the 250's as well, Sgt Greer said. In order to get through deep mud, he had to "keep the 250 in the power band," meaning he kept the engine at a constant 7,000 revolutions per minute.

"If you came off the throttle at any time you were done," Sgt Greer said. "The 650 has the power right off the idle to get through those situations."

More power isn't the only thing Sgt Greer likes about the 650. He said its added cargo room and weight capacity will also help accomplish missions more effectively.

Fred Hayes, owner of HDT, said his company began purchasing and modifying stock Kawasaki 650's for the Corps' mission needs two and half years ago. Modifications included increasing the 650's fuel capacity to 6.1 gallons, adding blackout drive lights, special hand guards and a cargo platform.

HDT is also developing a diesel engine for the 650, which Sgt Greer said will not only give the bike a bit more power, it will increase its mission capabilities, since diesel fuel is more available in combat environments.

According to its operator's manual, the 650 is "intended primarily as a courier's vehicle for transporting messages, documents and light cargo not to exceed 50 pounds" and will be driven an estimated 5,000 to 7,000 miles per year.

"Typical users of the vehicle include: infantry regiments, communication battalions, reconnaissance battalions, artillery regiments and military police ... It will be operated on primary roads, secondary roads and cross-country, through terrain varying from, but not limited to, deserts, woodlands and beaches."

The manual also gives the Corps' reason for acquiring the 650 as a need for a "commercially based, more powerful and reliable off-road type motorcycle."

The Marine Corps has found what it is looking for in the 650, Sgt Greer said.

"The (Marine Corps) Commandant wants that faster, better, more efficient Marine Corps," Sgt Greer said. "The 650 is just that: faster and more dependable."



Cpl Anthony McDougall, Motor Pool Operations Chief, Headquarters Company, 4th Marines, practices a walking technique for getting through deep sand with the new 650cc dirt bikes.



LCDR Benjamin M. Crandall, Radiologist, USNH, takes a close look at X-rays to determine proper diagnosis for each patient.

Looking through the surface to find the problem

STORY AND PHOTOS BY LCPL JOSH P. VIERELA
COMBAT CORRESPONDENT

CAMP LESTER — Broken bones and internal organs are just a few of the things radiologists here might check while caring for their patients.

The Radiology Department has two main sections: Diagnostics and Imaging. There are 25 radiology technicians, five Okinawan civilian employees, five civilians and four radiologists on the staff.

"The Radiology Department covers military personnel around the Pacific from as far away as Guam," said PO1 Ken D. Larson, Leading Petty Officer, USNH. "We protect patients as much as we can from radiation. The truth is, you probably get more radiation spending a couple of hours in the sun than what you are exposed to here," he said.

Fluoroscopy, Intravenous Pyelography, X-ray and Monograms are four units within the Diagnostic section used to treat patients.

Fluoroscopy gives the radiology technologists a real-time view of the patient being examined on a monitor. It allows them to explore a patient's body for problems in areas such as the intestines, according to PO1 Larson.

The IVP allows radiology technologists to get a better look at a patient's kidneys to help identify problems such as kidney stones. It works better than a regular X-ray machine, which is used to determine fractures in the hands, feet or extremities.

The Imaging section of the Radiology Department uses Ultrasounds, Computed Axial Tomography and Magnetic Resonance Imaging.

Ultrasound is used in cases where radiation is

not recommended, such as liver, kidneys, thyroids and pregnancy. It works by bouncing sound waves off tissue to form a picture similar to radar that a submarine uses, according to LCDR Benjamin M. Crandall, Radiologist, USNH.

Patients come from mainland Japan and Guam to use the hospital's CAT scan, which is one of a few units in the Pacific available to service members. The CAT scan handles injuries ranging from bumps to traumatic injuries, according to PO1 David G. Ludwig, Advanced X-ray Technologist, USNH.

Along with the CAT-scan unit, MRIs are also used to help better diagnose patients. MRIs are particularly useful when viewing soft tissue. With the use of powerful magnets, this machine allows radiology technologists to give doctors the best information to give back to their patients, LCDR Crandall said.

For the staff members to give patients treatment, it is sometimes necessary for patients to take small amounts of radioactive material.

The Nuclear Medicine unit gives patients technetium-based substances so that their cells can be better viewed. This allows for radiology technologists and radiologists to provide a safer and more accurate treatment for patients in the Radiology Department, according to PO1 Montgomery S. Clemons, Nuclear Medicine Technologist, USNH.

The Radiology Department is able to function efficiently by working as a team and projecting a positive work environment for all the staff members.

"I'm happy that I'm in this medical specialty," said LCDR Darren M. Davenport, Radiology Department Head, USNH. "We get to help a lot of patients while using high-tech equipment."



Navy LT Andreas C. Alfer, Staff Nurse, USNH, relaxes in the CAT-scan during an appointment.



The Radiology Department at the USNH uses ultrasounds in cases where radiation treatment is not advised.

Engineers add comfort to Tandem Thrust



LCpl Christopher S. Snider, Engineer, III MEF Headquarters Group, III MEF, cuts a board to a 45-degree angle at Camp Gladstone, Australia, May 6.

LCPL KENNETH L. HINSON
COMBAT CORRESPONDENT

GLADSTONE, Australia — Marine engineers here are designing and building wooden items to make the Tandem Thrust deployment more comfortable.

Picnic tables, sinks, floor decking, pull-up bars, road signs and plumbing are just a few of the projects the team works on daily.

"Our main initiative is to build anything that will improve the camp or help comfort the Marines during their deployment," said SSgt Christopher G. Vance, Engineer Chief, Combat Engineer Company, Combat Assault Battalion, 3d Marine Division. "Building projects for the camp will improve morale among the Marines and give them something other than tents to look at."

The team of engineers consists of 13 Marines from Camps Hansen and Schwab on Okinawa. SSgt Vance chose the team himself because he needed Marines who had experience in the engineer field.

"I needed some well-rounded Marines who were experienced in construction and utilities," SSgt Vance said. "I knew before we arrived what missions needed to be accomplished. There was a lot to do and only a handful of Marines to get it done."

The engineers' first objective was to build decking for more than 100 tents. Each tent deck required 16 sheets of plywood and approximately one hour to complete.

"When we first got here, we worked more than 16 hours a day just to get

all of the decking finished," SSgt Vance said.

After the decking was complete, the team installed the plumbing for the mess hall and began a series of other projects.

"It's nice to see projects sitting around the camp that you know you had a part in designing and building," said Pfc Brian D. Forward, Hygiene Equipment Operator, III Marine Expeditionary Force Headquarters Group, III MEF. "It's even better when you see Marines actually using the projects."

In addition to building things to make Marines more comfortable, the team is also responsible for maintaining and operating eight electrical generators around camp. The generators use more than 2,000 gallons of gasoline every two weeks and are filled daily.

The team's mission now is to provide the camp with as many commodities as possible, according to Pfc Forward.

"We will build anything that is needed for the camp," Pfc Forward said. "The best part is that we can build it in less than an hour. It just takes a little planning and design."

The engineers were the first Marines to arrive for Tandem Thrust because they had to prepare the camp. They will also be the last Marines to leave because they need to disassemble the camp.

"I don't mind being here the longest because the job has to be done," SSgt Vance said. "It's all about doing what needs to be done and helping your fellow Marines out."

Mess hall satisfies hungry Tandem Thrust Marines

Cooks prepare hot meals to keep Marines at the ready

LCPL KENNETH L. HINSON
COMBAT CORRESPONDENT

GLADSTONE, Australia — The mess hall here is a place for Marines and Sailors to satisfy their hunger during the Tandem Thrust deployment.

The mess hall staff of 41 Marines serves hot breakfast and dinner every day to ensure Marines and Sailors remain ready for their mission.

"Because we're in the field, a hot meal for the Marines is important," said GySgt Cassandra F. Best, Field Mess Chief, Headquarters and Service Company, III Marine Expeditionary Force Headquarters Group, III MEF. "If we can't plan and prepare a hot meal for the Marines, we might as well not be here."

The staff uses a menu that operates on a 10-day cycle to prevent Marines from eating the same meal every day.

"The variety of meals are prepared so Marines will be satisfied each time they come to get something to eat," said Cpl Geri A. Castillo, Food Ser-

vice Specialist, H&S Co, III MEF Headquarters Group, III MEF. "I feel that having such a variety in the field will keep the Marines happy and looking forward to having a hot meal each day."

The breakfast menu includes scrambled eggs, bacon, sausage and pancakes. Evening meals range from fried chicken and mashed potatoes to beef stew and vegetables. Pastries, fruits and a variety of fruit juices are also available with both meals.

"I was surprised the first time I ate at the mess hall because the food was better than I had expected," said LCpl Eric J. Watkins, Radio Operator, Intelligence Battalion, Headquarters Co, III MEF Headquarters Group. "Meals, Ready-To-Eat are good, but I would much rather have a meal from the mess hall any day."

GySgt Best said breakfast is the most challenging meal for the staff to prepare. "They have to start from scratch each morning," GySgt Best said. "If the planning of how much food needs to be prepared is wrong or the staff is missing supplies, it puts them behind in their duties."

The mess hall is made of five general-purpose tents, which house a serving line, eating area, cleaning gallery, kitchen area and a refrigerated storage space to keep perishable items cool. Cooks prepare the meals on twelve cooking ranges, which are heated by gasoline burners. The



LCpl Julio E. Rapalo, Motor Transportation Operator, 7th Communication Battalion, III MEF Headquarters Group, III MEF, serves chow at the mess hall in Gladstone, Australia, May 6.

messmen are responsible for serving meals, keeping supplies full and cleaning the mess hall.

"I'm quite impressed with the work and hours the staff puts in to get the Marines fed," GySgt Best said. "Our staff works hard and it shows when I see the mess hall full of Marines eating a hot meal."

"The key to keeping Marines on their feet and ready to train during the exercise is to continue doing the best we can by preparing hot meals," GySgt Best said. "The work of the mess hall staff is done in vain if it doesn't contribute to the mission of the Marines."



Six-year-old Jacob Webber, student, Bechtel Elementary School, tries to give his meanest stare to wrestling sumo coach and instructor Tomohisa Kizaki.

PFC DAMIAN MCGEE

Festival teaches Bechtel students about neighbors

PFC DAMIAN MCGEE
COMBAT CORRESPONDENT

CAMP MCTUREOUS — Bechtel Elementary School continued its yearly tradition of bringing the Okinawan culture to its students when it hosted the Annual Ryukyu Festival here recently.

The annual festival, which began at the school around 1990, helps students learn more about Okinawa, according to Stanley A. Hays, Principal, Bechtel Elementary School.

"This program is very important to our school and our students," Hays said. "It brings students, very actively, into the Okinawan culture."

This year's program began with students from Bechtel performing traditional Okinawan dances for their fellow students and the parents, teachers and

volunteers present. As the day continued, Okinawan dancers, lion dancers, Okinawan musicians and sumo wrestlers entertained the group.

"The program gave us a chance to appreciate many different parts of the Okinawan culture and understand the people better," said Ronnie Maston, a sixth-grade student at Bechtel Elementary School. "For instance, with the sumo wrestlers, some students laugh at what they're wearing, but we go to the beach and other places and see people wearing just as little."

- Ronnie Marston

Through the years the program has changed its format slightly, but only in an effort to increase the festival's purpose, according to Hayes.

"When it first started it was set up in a carnival style," Hayes said. "Over the years we've changed it and limited the

number of things that take place at one time, but have hopefully brought in events that are more meaningful."

While the students and faculty have welcomed the changes, there are still a few more things the students would like to see happen with the program.

"I would definitely keep everything that we already have," said Elle Ekman, sixth-grader, Bechtel Elementary School. "The only thing I would do differently would be to bring back the part where we get a chance to do some type of Okinawan craft during one of our classes. I'd also like to see the school invite a Japanese school so that we could enjoy the festival together."

Though the festival changes slightly from time to time, the students said they feel that, without a doubt, the program is important to their time here and hope-



PFC DAMIAN MCGEE

As the ceremonies began and the rain gave way for the festival, students of Bechtel Elementary School performed a traditional Okinawa Asa dance for their fellow students, teachers, parents and volunteers.

fully the future.

"We're always taught that if we take the time to watch and listen to things, we can learn more," Ekman said. "The more we know about their culture, the friendlier we will tend to be, and people being friendly with one another would eventually solve the world's problems."



Women on the Marine Corps' women's team paddle as hard as they can to get their boat moving during the dragon boat races at the Naha Hari Festival in Aja Port May 5.

Marines, Sailors get dragons to swim

Local teams race through Aja Port during Naha Hari Festival

LCPL KATHY J. ARNDT
COMBAT CORRESPONDENT

AJA PORT, Naha — The sun shined brightly as thousands of spectators gathered here May 5 to watch service members and Okinawans battle each other during the dragon boat races at the 27th annual Naha Hari Festival.

More than 60 teams took their turn putting their strength and endurance to the test as they made their way half a mile down the port and back. The Single Marine Program sponsored both a men's and women's Marine Corps team composed of single Marines and family members of Marines and Sailors in III Marine Expeditionary Force.

The two teams raced against their U.S. sister services in their respective heats to vie for the opportunity to battle the local teams. The men's team won its heat with a time of 4:59 and advanced to compete against the local teams; however, the women came in second in their heat with a time of 6:07.

A series of heats kicked off next, pitting three boats against each other at a time, as there was not enough room for all the boats to compete at once. Race officials then compared the times of the first-place boat in each heat and selected the three fastest boats to compete in a final heat. The Marine men's team paddled its way to the final heat against the two other fastest boats.

The 32-man teams climbed into their colorful

boats, provided by the city of Naha, and waited for the pop of the starter pistol. At the sound of the pistol, the teams gritted their teeth and used all their might to get the 3-ton dragon boats moving.

"The first 10 strokes are the hardest," said Kim Newberry, Program Manager, Single Marine Program, Marine Corps Community Services. "After you get it moving it becomes a lot easier."

Each team in the men's final heat appeared driven to win, grimacing with every stroke. Despite its effort, the Marine men's team came in third.

Though neither of the Marine teams won the ultimate battle, they still went home with smiles on their faces.

"The females were disappointed they lost their heat, but they were happy they at

least beat the Air Force team," Newberry said. "The males won their heat, but lost against the much more experienced local teams (in the final race)."

"It would have been nice to win, but most of us came out here for the cultural experience and the chance to interact with the Japanese," said Barbara Alfaro, family member.

Next year, the Marine Corps teams might be able to bring home the big trophy to go along with the fun and cultural experience. The Single Marine Program is already making plans for next year's race.

"We are planning for the teams to be made up of just single Marines," Newberry said. "We are going to ask all the sergeants major to encourage their Marines to participate."



A local team celebrates its victory after winning its first heat during the dragon boat races.



Teams used two sets of ladders to get in and out of the boats at Aja Port.



Jessica Kydd-Papineau puts her saddle on her horse before riding.

All horses play

Club teaches English style riding

LCPL KATHY J. ARNDT
COMBAT CORRESPONDENT

ISHIKAWA CITY — Any experienced equestrian knows that riding a horse is more than saddling up and galloping off. It takes starting from the ground up to learn all of the intricacies of horsemanship.

One place where beginners can learn the important first steps of horsemanship is at Mihara Horseback Riding Club, where novice and skilled horse riders trade their experiences.

"We teach that horsemanship is more than just riding," said Mikki Schattilly, Barn Manager and Riding Instructor, Mihara Horseback Riding Club. "I teach how to clean the stables, feed horses, how to take care of leather (saddles), and then I teach them how to ride."

Mihara Horseback Riding Club teaches an English style riding technique that differs from the more commonly known American Western style of riding. English style riding is used more in a social activity, where riders jump obstacles in an arena for competition. Western style riding is more recognized as a form adopted by cowboys for herding purposes.

Along with different ways of riding, the two styles use different types of saddles and reins. The English style uses a much smaller and lighter saddle, so it is easier to control the horse when maneuvering, jumping and while holding one rein in each hand for better control. The Western style uses a larger and heavier saddle developed for long rides. The Western saddle also has a horn on the front that is used to tie a rope when herding livestock.

Even though Mihara's teaches the English form of riding, it still emphasizes care of the horse above anything else.

"We learn how to braid manes and tails and how to do stable work, it's not all just riding," said Katie Mingo, 11, a military family member and riding student.

"They learn things like how to take care of a horse, the safety tips, and the do's and don'ts when it comes to the horses," Schattilly said. "Begin-



Jessica Kydd-Papineau, student, Mihara Horseback Riding Club, jumps an obstacle in the arena. The Mihara Horseback Riding Club teaches equestrians the English style of riding and how to care for the horses.

ners are only on the horse between 15 to 20 minutes and then they're just learning the basics like getting on and off the horse."

After students learn how to take care of the horses and they have their basics down, they will be able to spend less time grooming and more time riding the horse.

"After they learn everything, it will only take them about 10 to 15 minutes to groom the horse," Schattilly said.

Taking good care of the horses is vital for Mihara Horseback Riding Club because there is no equine veterinarian on the island.

Since there are no specialists who can care for the horses, specific precautions have to be taken to keep the horses cool during the hot summers here.

"During the summers, we put fans in the stalls, keep the horses well hydrated, and rinse them off

with cool water after every time they sweat a lot," Schattilly said.

Along with keeping the horses cool, Mihara's goes an extra step to ensure the horses' safety throughout the hot summer days by not riding them between 10:30 a.m. and 2:30 p.m. and when the heat index is high, according to the Schattilly.

Keeping the horses out of the heat is an important and essential step in the care of the horses since they are such a large investment on Okinawa.

"The horses' health is essential; there is no retirement for these horses. They either work or go to the slaughter house," Schattilly said. "Right now, 90 percent of the horses have been rescued from the slaughter house."

Mihara Horseback Riding Club is a Japanese-owned business located approximately three kilometers north of Camp Courtney's main gate on route 75. It is open daily from 8:30 a.m. to 6 p.m., but hours are subject to change. Prices include ¥2,500 per half-hour and ¥3,000 per hour. Call 964-6278 or 633-1306 to make appointments.



Jessica Kydd-Papineau straps down her saddle before riding.



AUTOMOBILES/MOTORCYCLES

1993 Toyota Aristo — JCI May 02, \$11,000 OBO. 637-3672.
1991 Honda Ascot — JCI Aug 02, \$900. Wanda, 646-8253.
1992 Toyota Ceres — JCI Sept 01, \$2,000 OBO. 622-5154.
1989 Toyota Levin — JCI May 02, \$1,000 OBO. 646-4062.
1991 Toyota Camry — \$1,500 OBO. 637-4397.
1990 Honda Integra — JCI Dec 01, \$1,200 OBO. 622-8240.
1993 Mazda Presso — JCI Feb 02, \$2,500 OBO. 637-3309.
1989 Subaru Domingo — JCI April 02, \$1,500 OBO. 646-8837.
Mazda Familia — \$800 OBO. Barracks 3619, Room 203.
1990 Honda Inspire — JCI Nov 01, \$1,000 OBO. Jim, 646-4455.
1986 Nissan Sunny — JCI May 04, \$1,100 OBO. 637-0097.
1993 Ford Spectron — JCI July 02, \$3,375. 1989 Honda Accord — JCI Nov 01, \$1,500. Buy both, get discount. 622-5194.
1991 Honda Civic — JCI Oct 02, \$1,550 OBO. 964-5932.
1988 Toyota Vista — JCI July 02, \$700. 622-8257.
1991 Toyota Trueno — JCI Jan 03, \$3,000 OBO. 637-4189.
1990 Toyota ED — JCI June 03, \$1,375 OBO. 622-8608.
1991 Nissan Silva — JCI Jan 02, \$1,500. 637-3295.
1987 Toyota Town Ace — JCI Aug 02, \$2,000 OBO. 636-3202.
1988 Toyota Lite Ace — JCI Nov 02, \$2,600. 622-8424.
1985 Toyota Town Ace — JCI March 02, \$800 OBO. 637-1699.
1987 Toyota Lite Ace — JCI June 02, \$1,800. 935-4143.
1990 Honda Integra — JCI Dec 01, \$1,200 OBO. 622-8240.
1991 Honda Vigor — JCI June 02, \$3,300 OBO. 636-6356.
1991 Mitsubishi Galant — JCI Aug 02, \$1,600. 622-9952.
1990 Honda Integra — JCI March 03, \$2,200 OBO. 1986 Toyota Town Ace — JCI June 02, \$1,200 OBO. 636-3107 or 622-5366.

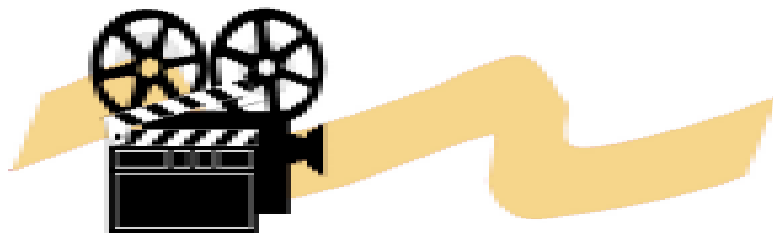


MISCELLANEOUS

Panasonic Laser Printer — KX-P 4410, \$25. 622-8608.
Digital Camera — RCA CDS4100, brand new with manuals and software, \$200. 637-3309.
Rubbermaid Shed — \$150. 646-4455.
Misc. — Ironing board, \$6; vacuum cleaner, \$20. 622-8608.
JVC Camcorder — 44x digital zoom, \$250. 622-8424.
Misc. — 6/0 wide rod and reel combo, \$160; extra small women's BC, \$70. 646-5323.
Lawnmower — 1-year-old, \$100 OBO. 646-8243.
Misc. — Full-size refrigerator, \$100; full-size electric stove, \$200. 622-9952 or 090-8418-2098.
25" Color TV — With corner 3-shelfed stand, \$200. 622-5416.
Ironing Board — \$3. 622-8608.
Puppy — 3-month-old black lab, JKC. \$500. 090-9580-9513.
Misc. — Entertainment center, \$50; mattress/box spring, \$400; drapes, \$70; prices negotiable. 633-1725.
Misc. — Beanie Babies, \$5; Teenie Beanie babies, \$1. 632-3221.
Daybed Comforter Set — \$50. 622-8412.
Misc. — 9x12 blue carpet, \$70; sociology book, \$35. 632-3577.
Misc. — Black velvet gown, \$40; corduroy jumper, \$15; gray cotton gymsuit, \$5; new male Okuma golf shirt \$15 ea.; men's blue jeans, \$6; 3 brass/clay pots, \$3 ea. 622-8412.

Ads appearing in the Okinawa Marine do so as a free service to active duty military, their dependents and DoD employees. Ads are restricted to personal property or service of incidental exchange. Ads run on a space-available basis and must be resubmitted each week. The deadline for ads is noon, Fridays, space permitting. The Okinawa Marine reserves the right to edit ads to fit available space. Please include your name and the phone number you wish published. The Okinawa Marine makes every effort to ensure accuracy, but assumes no responsibility for services offered in ads. Submit ads by faxing to 645-3803, Mon.-Fri., or send an e-mail to editor@mcbbutler.usmc.mil

Coming to a theater near you ...



Feature programs and start times are subject to change without notice. **Call theaters in advance to confirm showtimes.** Second evening movies will vary when the program runs longer than 120 minutes.

Schwab (625-2333)

Fri Snatch (R); 7:00
Sat 3000 Miles to Graceland (R); 6:00
Sat Traffic (R); 6:00
Sun 3000 Miles to Graceland (R); 3:00
Sun Traffic (R); 6:00
Mon The Mummy Returns (R); 7:00
Tue The Mummy Returns (R); 7:00
Wed Closed
Thu Save the Last Dance (PG13); 7:00

Hansen (623-4564)

Fri Crocodile Dundee in Los Angeles (PG); 6:00, 9:00
Sat Crocodile Dundee in Los Angeles (PG); 6:00, 9:00



Check Schwab, Courtney, Keystone, Butler and Kinser Theaters for show times.



Check Schwab, Hansen, Keystone, Butler and Kinser Theaters for show times.

Sun Down to Earth (PG13); 2:00, 5:30
Mon Save the Last Dance (PG13); 7:00
Tue Sugar & Spice (PG13); 7:00
Wed Get Over It (R); 7:00
Thu Get Over It (R); 7:00

Courtney (622-9616)

Fri The Mummy Returns (R); 7:00
Sat Traffic (R); 7:00
Sun Recess: School's Out (G); 7:00
Mon Closed
Tue Closed
Wed Recess: School's Out (G); 1:00
Wed 3000 Miles to Graceland (R); 7:00
Thu Closed

Keystone (634-1869)

Fri Sugar and Spice (PG13); 6:30
Fri Along Came a Spider (R); 9:30
Sat Pokemon: The Movie 3 (G); 1:00
Sat The Mummy Returns (R); 5:30
Sat The Mummy Returns (R); 9:30
Sun Pokemon: The Movie 3 (G); 1:00
Sun The Mummy Returns (R); 5:30
Sun The Mummy Returns (R); 9:30

Mon Get Over It (PG13); 7:00
Tue Down to Earth (PG13); 7:00
Wed Down to Earth (PG13); 7:00
Thu Save the Last Dance (PG13); 7:00

Butler (645-3465)

Fri Driven (PG13); 7:00, 10:00
Sat The Emperor's New Groove (G); 1:00
Sat Get Over It (PG13); 4:00
Sat Driven (PG13); 7:00, 10:00
Sun The Emperor's New Groove (G); 1:00
Sun Get Over It (PG13); 4:00
Sun Driven (PG13); 7:00
Mon Down to Earth (PG13); 7:00
Tue Down to Earth (PG13); 7:00
Wed Save the Last Dance (PG13); 7:00
Thu The Mummy Returns (R); 7:00

Futenma (636-3890)

Fri Sweet November (PG13); 7:30
Sat 3000 Miles to Graceland (R); 6:00
Sun Recess: School's Out (G); 6:00
Mon Crocodile Dundee in Los Angeles (PG); 7:30
Tue Closed
Wed Driven (PG13); 7:30
Thu Closed

Kinser (637-2177)

Fri Traffic (R); 7:00
Sat Save the Last Dance (PG13); 3:00
Sat Down to Earth (PG13); 7:00, 11:30
Sun Get Over It (PG13); 7:00
Mon Closed
Tue Save the Last Dance (PG13); 7:00
Wed The Mummy Returns (R); 7:00
Thu Get Over It (PG13); 7:00